

## Evesham and District Mental Health Support Services

The aim of Evesham and District Mental Health Support Services is to improve the overall wellbeing of people with mental health issues in Evesham and the surrounding areas.

Support is given to the local community and provides services which reflect needs and diversity.



## Joining the Meeting Centre

If you would like to attend the Meeting Centre or refer someone to the support programme, please contact us:

**Evesham and District Mental Health Support Services**

Church Street Hub

20 Church Street

Evesham

Worcestershire

WR11 1DS

**Telephone :**

01386 429454

**E Mail :** [edmhss@btconnect.com](mailto:edmhss@btconnect.com)

**Website :** [edmhss.org](http://edmhss.org)



**MEETING CENTRES UK**  
EVESHAM AND DISTRICT  
MEETING CENTRE  
Helping members to  
live well with dementia

**Meeting Centre Support  
Programme delivered by :**



**Evesham and District  
Mental Health  
Support Services**

## What is a Meeting Centre ?

Meeting Centres have been successful in the Netherlands for over 20 years. A Meeting Centre offers ongoing warm and friendly expert support to people and families affected by dementia. Members will come and meet, have fun, talk to others and get support that focuses on individual needs.

### Who is the Meeting Centre For ?

Anyone who has been diagnosed with dementia, with mild to moderate symptoms and their carers or family member, who live in Evesham , Pershore and surrounding areas.



## What happens at a Meeting Centre ?

The programme will run 3 days a week and people living with dementia can participate one day a week or more frequently if spaces are available.

Members can take part in many activities such as creativity sessions, reminiscence, music, singing & dance. All sessions will be built around the interests of the members attending. Families and carers are involved in the programme of support alongside the person living with dementia.

You will be able to participate in friendly and informative discussion groups and be assisted with practical, emotional and social support. You will also receive one to one advice and support.

**The Meeting Centre will have support from other local organisations.**



Part funded by the Worcestershire Meeting Centres Community Support Programme from funding provided by Worcestershire County Council.

## The Meeting Centre Support Programme

A dedicated team of staff and volunteers, trained to the meeting centre ethos, from Evesham and District Mental Health Support Services will provide the Meeting Centre Programme.

**Where :** Church Street Hub, 20 Church St, Evesham, Worcestershire, WR11 1DS.

**When :** Every Tuesday, Wednesday and Thursday.

**Time :** 10.00 am to 3.00 pm

**Cost :** There is a daily fee per session (carers are free) This includes morning & afternoon refreshments. Members are required to bring a packed lunch.

**Parking :** There is a small car park on premises or a local car park situated in The Lower Leys (WR11 3AP).